

YEAR 2 PHYSICAL EDUCATION CURRICULUM FRAMEWORK

Overview of Key Stage 1 Curriculum:

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

AUTUMN TERM 1	AUTUMN TERM 2	SPRING TERM 3
Gymnastics & Multi Skills	Dance & Multi Skills	Swimming & Gymnastics
<p>PE 1.1a master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Children explore balancing using different parts of their bodies and different methods of transitioning between them, including rolls. They re-cap throwing and catching skills learnt previously and begin to think about how these can be used as a pass between team members in a game situation.</p>	<p>PE 1.1c perform dances using simple movement patterns.</p> <p>Children explore different festivals and celebrations using movements to accompany pieces of music, before linking their movements together to form movement patterns.</p> <p>PE 1.1b participate in team games, developing simple tactics for attacking and defending. PE 1a</p> <p>Children apply their passing skills learnt in term 1 in a competitive game situation through tag rugby. Through tag rugby they also begin to develop simple tactics for attacking and defending through thinking about how to prevent and stop passes and gaining the ball through tackling.</p>	<p>PE1.2a swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>PE1.2b use a range of strokes effectively</p> <p>PE1.2c perform safe self-rescue in different water-based situations.</p> <p><i>(Please note that all schools must provide swimming instruction either in key stage 1 or key stage 2 therefore these objectives are to be attained at the end of Key Stage 2)</i></p> <p>Children are taught these skills through a half an hour swimming session each week in a small group based upon their ability.</p> <p>PE 1.1a master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Building on skills taught in previous terms, children apply their skills onto apparatus. They explore different ways of getting onto and off of a box, including jumps and rolls.</p>

SPRING TERM 4	SUMMER TERM 5	SUMMER TERM 6
Swimming & Dance	Tennis & Multi Skills	Tennis & Multi Skills
<p>PE1.2a swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>PE1.2b use a range of strokes effectively</p> <p>PE1.2c perform safe self-rescue in different water-based situations.</p> <p><i>(Please note that all schools must provide swimming instruction either in key stage 1 or key stage 2 therefore these objectives are to be attained at the end of Key Stage 2)</i></p> <p>Children are taught these skills through a half an hour swimming session each week in a small group based upon their ability.</p> <p>PE 1.1c perform dances using simple movement patterns.</p> <p>Linked to the term's topic 'Land Ahoy!' children learn and perform pirate themed movements and dances to convey a story of a voyage on stormy seas.</p>	<p>PE 1.1a master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Children take part in a 45 minute instructor led tennis session each week. Children progress skills they have previously been taught such as beginning to hit a moving ball over the net and sustaining a rally with a partner.</p> <p>PE 1.1b participate in team games, developing simple tactics for attacking and defending. PE 1a</p> <p>Children develop their throwing and catching skills through the game of cricket. They learn the rules of the game, bowling and simple tactics through fielding.</p>	<p>PE 1.1a master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Children take part in a 45 minute instructor led tennis session each week. Children progress skills they have previously been taught such as beginning to hit a moving ball over the net and sustaining a rally with a partner.</p> <p>PE 1.1b participate in team games, developing simple tactics for attacking and defending. PE 1a</p> <p>Children continue to develop their throwing and catching skills in game scenarios. In addition children compete in a partnership inter-schools 'Ultra-Olympics' event and in the school sports' day.</p>