

# Are Carrots Orange?

Cygnus Class Autumn Term 2 2020



This term our new topic is all about fruits, vegetables and keeping our bodies healthy.

Food marvellous food! What do you like to eat? Are you happy to try something new? It's time to find out more about eating well and being healthy.

This half term, we'll visit a 'virtual' supermarket to explore the foods sold there. We'll explore the different jobs people do there and look at photographs. We will look at a rainbow of healthy foods and use our senses to investigate them. We will bravely taste things we've never tried before! Using our research skills, we'll read all about fruits and vegetables in non-fiction books. We'll plant seeds and look after them carefully. We'll compare and sort different fruits and vegetables, and create stunning still life paintings. Setting up a class supermarket will be lots of fun; we'll make signs and sell things to our friends. Following instructions and working together will help us to create healthy snacks. We'll also find out what happens to our bodies when we exercise. Using our mathematics skills, we'll weigh ingredients to make delicious recipes, and compare weights of different foods. Things could get messy, but it'll be lots of fun!

We'll also hopefully be able to answer the question 'are carrots orange?'

Areas of learning: Early Learning Goals	
Communication and language	Listening and attention; Understanding; Speaking
Physical development	Moving and handling; Health and self-care
Personal, social and emotional development	Self-confidence and self-awareness; Managing feelings and behaviour; Making relationships
Literacy	Reading; Writing
Mathematics	Numbers; Shape, space and measures
Understanding the world	People and communities; The world
Expressive arts and design	Exploring and using media and materials; Being imaginative

## How to support your child prepare for their project:

Being healthy can be fun! Why not taste a new fruit or vegetable that you've never tried before? You could also plant seeds and learn about what they need to grow. Alternatively, try following a recipe to make a healthy meal or snack.